

PRACTICE FRIDAY		TENTATIVE						
FRIDAY, December 9th								
TEAMS	DRESSING	ENTER	EXIT	TO	ENTER	EXIT	EXIT	TIME PER
PRACTICE ICE	ROOM	DRESS	DRESS	WAIT			DRESS	TEAM
	NUMBER	ROOM	ROOM	AREA	RINK	RINK	ROOM	
DC EDGE O.J. RED	1	6:12AM	6:27 AM	6:28 AM	6:30 AM	6:40 AM	6:55 AM	10
DC Edge O.J. BLUE	2	6:22 AM	6:37 AM	6:38 AM	6:40 AM	6:50 AM	7:05 AM	10
Allegro O.J.	3	6:32 AM	6:47 AM	6:48 AM	6:50 AM	7:00 AM	7:15 AM	10
CNY Blizzard O.J.	4	6:42 AM	6:57 AM	6:58 AM	7:00 AM	7:12 AM	7:27 AM	12
Team Esprit O.J.	5	6:54 AM	7:09 AM	7:10 AM	7:12 AM	7:24 AM	7:39 AM	12
CNY Storm - Pre Juvenile	6	7:06 AM	7:21 AM	7:22 AM	7:24 AM	7:36 AM	7:51 AM	12
ICE MAKE					7:36 AM	7:51 AM		15
Team Excel Pre-Juvenile	7	7:33 AM	7:48 AM	7:49 AM	7:51 AM	8:01 AM	8:16 AM	10
Precisely Right Pre-Juvenile	8	7:43 AM	7:58 AM	7:59 AM	8:01 AM	8:13 AM	8:28 AM	12
DC Edge BLUE Pre-Juvenile	1	7:55 AM	8:10 AM	8:11 AM	8:13 AM	8:23 AM	8:38 AM	10
DC Edge RED Pre-Juvenile	2	8:05 AM	8:20 AM	8:21 AM	8:23 AM	8:33 AM	8:48 AM	10
Philadelphia Symmetry Pre-Juvenile	3	8:15 AM	8:30 AM	8:31 AM	8:33 AM	8:43 AM	8:58 AM	10
The Colonials Pre-Juvenile	4	8:25 AM	8:40 AM	8:41 AM	8:43 AM	8:53 AM	9:08 AM	10
ICE MAKE					8:53 AM	9:08 AM		15
Triangle Ice Gliders Pre-Juvenile	5	8:50 AM	9:05 AM	9:06 AM	9:08 AM	9:18 AM	9:33 AM	10
Triangle Ice Gliders P.J./O.J.	6	9:00 AM	9:15 AM	9:16 AM	9:18 AM	9:28 AM	9:43 AM	10
Triangle Ice Gliders O.J.	7	9:10 AM	9:25 AM	9:26 AM	9:28 AM	9:38 AM	9:53 AM	10
Team Ashburn Pre-Juvenile	8	9:20 AM	9:35 AM	9:36 AM	9:38 AM	9:48 AM	10:03 AM	10
Synchroettes Pre-Juvenile	1	9:30 AM	9:45 AM	9:46 AM	9:48 AM	9:58 AM	10:13 AM	10
Island Waves O.J.	2	9:40 AM	9:55 AM	9:56 AM	9:58 AM	10:08 AM	10:23 AM	10
ICE MAKE					10:08 AM	10:23 AM		15
Icing on the Cape Pre-Juvenile	3	10:05 AM	10:20 AM	10:21 AM	10:23 AM	10:35 AM	10:50 AM	12
CDNY Cutting Edge Pre-Juvenile	4	10:17 AM	10:32 AM	10:33 AM	10:35 AM	10:47 AM	11:02 AM	12
CDNY Leading Edge O.J.	5	10:29 AM	10:44 AM	10:45 AM	10:47 AM	10:59 AM	11:14 AM	12
Synchro Stars Pre-Juvenile	6	10:41 AM	10:56 AM	10:57 AM	10:59 AM	11:09 AM	11:24 AM	10
Judges Lunch & Meeting @ Arena					11:00 AM	11:30 AM		

		DRY CUT/ICE MAKE			11:09 AM	11:39 AM		30
		National Anthem & Introductions			11:39 AM	11:45 AM		6
		End Competition				2:39 PM		
		AWARDS ON ICE -- Open Juvenile A & B ; Pre Juv A&B				2:39 PM	3:19 PM	40
		ICE MAKE				3:19 PM	3:39 PM	20
Practice after competition						3:39 PM		
Miami University Senior Short	1	3:21 PM	3:36 PM	3:37 PM	3:39 PM	3:49 PM	4:04 PM	10
Chesapeak Senior Short	2	3:31 PM	3:46 PM	3:47 PM	3:49 PM	3:59 PM	4:14 PM	10
Haydenettes Senior Short	3	3:41 PM	3:56 PM	3:57 PM	3:59 PM	4:09 PM	4:24 PM	10
Les Supremes Senior Short	4	3:51 PM	4:06 PM	4:07 PM	4:09 PM	4:21 PM	4:36 PM	12
Les Supremes Junior Short	5	4:03 PM	4:18 PM	4:19 PM	4:21 PM	4:33 PM	4:48 PM	12
Team Ashburn Junir Short	6	4:15 PM	4:30 PM	4:31 PM	4:33 PM	4:43 PM	4:58 PM	10
ICE MAKE					4:21 PM	4:36 PM		15
Philadelphia Symmetry - Novice	7	4:18 PM	4:33 PM	4:34 PM	4:36 PM	4:46 PM	5:01 PM	10
DC Edge- Novice	8	4:28 PM	4:43 PM	4:44 PM	4:46 PM	4:56 PM	5:11 PM	10
Chesapeake - Novice	1	4:38 PM	4:53 PM	4:54 PM	4:56 PM	5:06 PM	5:21 PM	10
Team Image Novice	2	4:48 PM	5:03 PM	5:04 PM	5:06 PM	5:16 PM	5:31 PM	10
Synchroettes - Novice	3	4:58 PM	5:13 PM	5:14 PM	5:16 PM	5:26 PM	5:41 PM	10
Ice Mates Novice	4	5:08 PM	5:23 PM	5:24 PM	5:26 PM	5:36 PM	5:51 PM	10
Ice Make					5:36 PM	5:51 PM		15
DC Edge - Juvenile	5	5:33 PM	5:48 PM	5:49 PM	5:51 PM	6:01 PM	6:16 PM	10
Ashburn - Juvenile	6	5:43 PM	5:58 PM	5:59 PM	6:01 PM	6:11 PM	6:26 PM	10
Team Image - Juvenile	7	5:53 PM	6:08 PM	6:09 PM	6:11 PM	6:21 PM	6:36 PM	10
Snowflakes - Juvenile	8	6:03 PM	6:18 PM	6:19 PM	6:21 PM	6:31 PM	6:46 PM	10
Philadelphia Symmetry - Juvenile	1	6:13 PM	6:28 PM	6:29 PM	6:31 PM	6:41 PM	6:56 PM	10
Synchroettes - Juvenile	2	6:23 PM	6:38 PM	6:39 PM	6:41 PM	6:51 PM	7:06 PM	10
Precisely Right - Juvenile	3	6:33 PM	6:48 PM	6:49 PM	6:51 PM	7:03 PM	7:18 PM	12

Braemar Penache - Novice	4	6:45 PM	7:00 PM	7:01 PM	7:03 PM	7:37 PM	7:52 PM	34
Ice Make					7:37 PM	7:52 PM		15